INDUSTRY TRENDS FOOD & BEVERAGE

TOP 5 TRENDS OF 2024



1. Functional Foods

Consumers are increasingly drawn to products that provide benefits beyond basic nutrition. Innovations in gut health, immune support, & energy-boosting solutions are set to redefine the market.

\$275 Billion growing at a CAGR of 8%.

in projected growth by 2025,

2. Sustainable Practices

Brands are doubling down on regenerative agriculture, plant-based alternatives, and upcycled ingredients to address environmental concerns.

of global consumers prioritize sustainability,

with food brands leading through plant-based & regenerative options.





3. Personalized Nutrition

Advances in AI and DNA-based recommendations are driving tailored food solutions, from meal kits to snacks customized for individual health profiles.

of US consumers insights to inform their food choices.

4. Clean Labels

Transparency in sourcing and ingredient simplicity remain vital as consumers demand clarity and authenticity in their food choices.

in segment growth globally by 2026, with brands responding to demands for transparency and simplicity.





5. Ready-to-Consume

From convenient, nutrient-dense beverages to self-heating packaging, convenience continues to shape product development for busy lifestyles.

6.5% CAGR

driven by innovations in on-the-go formats like meal kits and protein-packed beverages.



